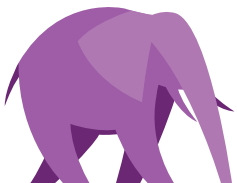


# SAFE AND SECURE ACTION CHECKLIST

Minimize distress over distance	Due Date	Done
<b>Set safe and secure goals</b>		
Short-term		<input type="checkbox"/>
Long-term		<input type="checkbox"/>
<b>Review home hazards</b>		
Throughout home		<input type="checkbox"/>
Kitchen		<input type="checkbox"/>
Bedroom		<input type="checkbox"/>
Bathroom		<input type="checkbox"/>
Exterior		<input type="checkbox"/>
Garage		<input type="checkbox"/>
<b>Have elder's home surveyed by</b>		
Police Department		<input type="checkbox"/>
Fire official		<input type="checkbox"/>
Electric company		<input type="checkbox"/>
Gas company		<input type="checkbox"/>
At home		<input type="checkbox"/>
On an extended trip		<input type="checkbox"/>
<b>Implement safety precautions</b>		
Walking		<input type="checkbox"/>
Driving		<input type="checkbox"/>
Banking		<input type="checkbox"/>
Shopping		<input type="checkbox"/>
<b>Create check-in systems</b>		
Visitors		<input type="checkbox"/>
Geriatric case manager		<input type="checkbox"/>



Telephone	<input type="checkbox"/>
Emergency response device	
Telephone reassurance program	
Postal carrier alert	
Vial of Life	
Computer	
Computer audio/video	
E-Mail	
Home-Monitor system	
Ombudsman	
Check for abuse and neglect	
Plan to ward off con artists	
Make sure an elder with hearing/sight disabilities	
Has access to a telephone	

## Know the telephone numbers of

Police department
Fire department
Electric company
Water company
Gas company
Plumber
Electrician

