

TRANSPORTATION / MOBILITY CHECKLIST

Transportation Needs	Due Date	Done
Implement driver safety precautions arrange physical exams		<input type="checkbox"/>
Review medications		<input type="checkbox"/>
Purchase driving enhancement items		<input type="checkbox"/>
Discuss safe driving habits		<input type="checkbox"/>
Suggest driver assessment		<input type="checkbox"/>
Maintain auto working condition		<input type="checkbox"/>
Proper insurance in place		<input type="checkbox"/>
Monitor elder's ability to drive		<input type="checkbox"/>
Prepare for driving-related conversations		<input type="checkbox"/>

Suggest transportation options

Family & friends	<input type="checkbox"/>
Professional drivers	<input type="checkbox"/>
Ride share	<input type="checkbox"/>
Car pool	<input type="checkbox"/>
Volunteers	<input type="checkbox"/>
Healthcare Transport Services	<input type="checkbox"/>
Walk	<input type="checkbox"/>
Bicycle	<input type="checkbox"/>
Public transportation	<input type="checkbox"/>
Senior housing with transportation services	<input type="checkbox"/>
Lessen the need for elders to drive	<input type="checkbox"/>
Minimize isolated and inactivity	<input type="checkbox"/>
Know the signs of at-risk driving	<input type="checkbox"/>
Implement intervention support if all else fails_	<input type="checkbox"/>
Know phone numbers of	<input type="checkbox"/>
Auto insurance	<input type="checkbox"/>
Auto club	<input type="checkbox"/>
Motor Vehicle Department	<input type="checkbox"/>



Obtain copy of your elder's

- | | |
|---------------------|--------------------------|
| Auto insurance card | <input type="checkbox"/> |
| Auto club card | <input type="checkbox"/> |

Putting ability before disability

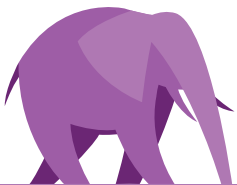
- | | |
|------------------------------|--------------------------|
| Gain a healthier perspective | <input type="checkbox"/> |
| Review insights list | <input type="checkbox"/> |

Lessen the negative impact of a chronic illness

- | | |
|---|--------------------------|
| Access health care professionals | <input type="checkbox"/> |
| Research medical advances | <input type="checkbox"/> |
| Separate medical problems from psychological problems | <input type="checkbox"/> |
| Seek professional counseling | <input type="checkbox"/> |
| Join a support group | <input type="checkbox"/> |
| Review the Money Matters chapter | <input type="checkbox"/> |

Help your elder maintain an independent lifestyle

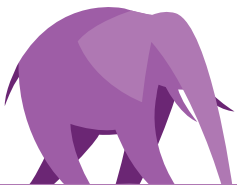
- | | |
|---|--------------------------|
| Medical goals | <input type="checkbox"/> |
| Psychological goals | <input type="checkbox"/> |
| Access to professionals | <input type="checkbox"/> |
| Environmental barriers removed | <input type="checkbox"/> |
| Mobility issues | <input type="checkbox"/> |
| Transportation issues | <input type="checkbox"/> |
| Make use of independent-living products | <input type="checkbox"/> |
| Investigate senior travel outfitters | <input type="checkbox"/> |
| Exercise travel precautions | <input type="checkbox"/> |
| Keep cell phone and charger handy | <input type="checkbox"/> |
| Consider trip cancellation insurance | <input type="checkbox"/> |
| Make copies of the trip itinerary | <input type="checkbox"/> |
| Distribute trip details to family members | <input type="checkbox"/> |
| Make special travel provisions | <input type="checkbox"/> |



Air travel

Medical needs

Accommodations



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